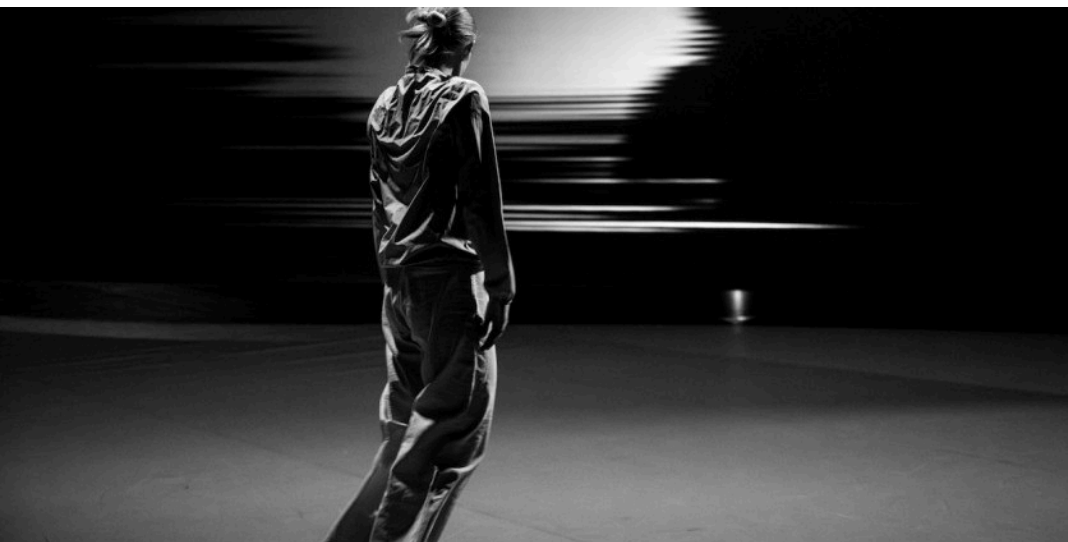


Cathy Weis Projects presents Sundays on Broadway Spring 2024 Season

Share:



TALK IS CHEEP!
 Dance Writing is Expensive
 ADVERTISE Here!
 Support the writing, editing, & publishing of DANCE ENTHUSIASM.
 Cheep, cheep, cheep...
 Advertisement • Learn More

WHAT IS MY WEIGHT LOSS BLOCK?

PSYCHOLOGICAL BLOCK
CHILDHOOD TRAUMA BLOCK
EMOTIONAL BLOCK
METABOLIC BLOCK
GUT HEALTH BLOCK
INFLAMMATION BLOCK
HORMONAL BLOCK

Score: 84% METABOLIC BLOCK
 A BODY CAN SLOW DOWN METABOLISM DUE TO HORMONAL CORTEXOL THAT I FOR WEIGHT LOSS, WITHIN AMOUNT AND WHEN TO EAT

Score: 59% HORMONAL BLOCK
 HORMONES CAN IMPROVE YOUR FOR YOU LONG A PERO ESTROGEN PLAYS A BIG ROLE PERIOD USED THE FOOD THAT AND GIBEL PLAYS A BIG ROLE DURING A MENOPAUSE WENT UP LOW HOOD, LOSS OF COB WEIGHT LOSS

Score: 27% CHILDHOOD TRAUMA
 MY PARENTS WERE INCREASING MICROBARIUM BENT LIFE EVERYTHING ON MY PLATE, IN A RESULT I DEVELOPED A COO FOOD, LONG I AS A STRIB TO LOAN, TO TO BLAME THEM I AND ALONE

Score: 9% EMOTIONAL STARVATION
 WHEN A WOMAN FACED THE THE QUET ONE, IN PARENTS OWN LIVES TO FOR HELD JET TO COB BY COMFORT EATING OF LOVE AND COMFORT ONE HELD ON, AND BECAME THE METABOLIC STARVATION

TAKE TEST

+ Add An Event

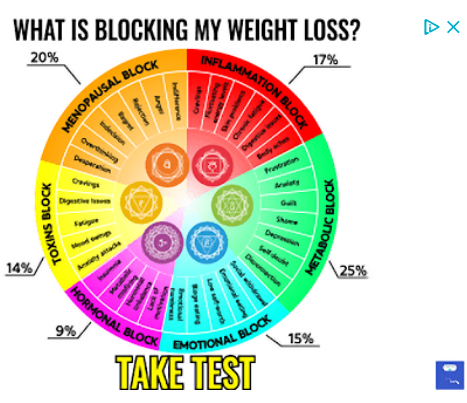
HOW RARE IS YOUR INTELLIGENCE TYPE?

Logical
 Linguistic
 Spatial
 Musical
 Kinesthetic
 Interpersonal
 Naturalistic
 Intrapersonal

TAKE QUIZ

Contribute
 Your support helps us cover dance in New York City and beyond! [Donate now.](#)

Company:



Cathy Weis Projects

Location:
 WeisAcres
 537 Broadway, #3
 New York, NY 10012

Dates:
 Sunday, April 14, 2024 - 6:00pm

Tickets:
www.cathyweis.org

Company:
 Cathy Weis Projects

Cathy Weis Projects will present four **Sundays on Broadway** events this spring on April 14, April 21, May 12, and May 19. The evenings will feature new and in-progress works by 17 visionary artists.

All events begin at (between Prince ar visit www.cathywe

Get Enthusiastic!
 Subscribe below to receive our email updates:



alongside more experienced artists, as well as for the experienced artists to gain inspiration from a younger generation. This new approach to curation offers audiences a chance to see artists at very different points in their careers.

WHAT IS MY WEIGHT LOSS BLOCK? ▷ ×

PSYCHOLOGICAL BLOCK

CHILDHOOD TRAUMA BLOCK

EMOTIONAL BLOCK

METABOLIC BLOCK

GUT HEALTH BLOCK

INFLAMMATION BLOCK

HORMONAL BLOCK



Score: 84%

METABOLIC BLOCK
A BODY CAN ONLY BURN METABOLISM AS PROTECTIVE MECHANISM. DIETS AND CARBS CAN RELEASE STRESS HORMONE CORTISOL THAT MAKES A PERSON HUNGER FOR WEIGHT LOSS. WOMEN JUST NEED TO KNOW WHAT AMOUNT AND WHEN TO EAT FOR A METABOLIC TYPE.

Score: 59%

HORMONAL BLOCK
HORMONES CAN SABOTAGE WEIGHT LOSS. WHEN CORTISOL IS HIGH FOR TOO LONG A PERSON FEELS MORE UNCOMFORTABLE. BETWEEN PLAYS A BIG ROLE WITH INSULIN SENSITIVITY HOW A PERSON FEELS THE FOOD THAT SHE EATS FOR ENERGY. LOTH AND GIBBLY PLAY A BIG ROLE IN HUNGER AND APPETITE. DURING A MENOPAUSE MANY WOMEN ARE LEFT WITH FEELINGS OF LOW MOOD, LOSS OF CONFIDENCE, THAT ALSO CAN AFFECT WEIGHT LOSS.

Score: 27%

CHILDHOOD TRAUMA
MY PARENTS WERE INCREDIBLY OVERPROTECTIVE. MICROMANAGING WHAT I EAT. THEY HINDERED FROM EVERYTHING ON MY PLATE. NO MATTER HOW FULL I WAS, AS A RESULT I DEVELOPED A COMPLICATED RELATIONSHIP WITH FOOD. LONGER IT AS A FORM OF REBELLION I TURNED TO FOOD. LEAD IT TO HURT THE PAIN AND HURT OF BEING REJECTED AND ALONE.

Score: 9%

EMOTIONAL STARVATION
WHEN A WOMAN FACED THIS EXPERIENCE, I WAS ALWAYS THE GUILTY ONE. MY FRIENDS WERE TOO BUSY WITH THEIR OWN LIVES TO PAY MUCH ATTENTION TO ME. I LEARNED TO COPE BY COMFORT EATING. LONG FOOD AS A SOURCE OF LOVE AND COMFORT. OVER THE YEARS, THE WEIGHT PILED ON, AND I BECAME TRAPPED IN A Vicious CYCLE OF EMOTIONAL STARVING.

TAKE TEST 

Sunday, April 14:

Josie Bettman's piece is about her role as a performer in the work (or not), desire (not pleasure), and the triangulations of desire that are always dredged up through dancing. Being, becoming, triangles, three or four or two duets. A gradual but insistent incline, a ramp, a cyclorama wall.

A solo from **Cristina Caprioli's** *Deadlock*, originally a large production, here stripped down to its dancing core, will be performed by Valley Wanderer. *Deadlock* advocates dancing as the thrusting and catching of terms and conditions that allow for sensorial, intellectual, and spiritual transcendence. Extremely precise, reckless, immediate, this is the kind of dancing which is itself choreography that requires but also generates attentive participation, all in favor of a shared aesthetic experience that unleashes the sensible.

Patricia Hoffbauer will present an excerpt from *Center for Fiction*, a new work in development originally inspired by the iconic exchange between psychoanalyst Jacques Lacan and Jean Lippert, a young member of the International Situationist movement in 1972. This new work explores how dialogue between opposing perspectives has become an increasingly fraught proposition, and it traces the current anxiety caused by 'cancel' culture to the early days when female expressivity was frequently pathologized as hysterical. Performed by Luis Lara Malvacias, Patricia Hoffbauer, Yvonne Rainer, Tom Rawe, and Keith Sabado.

Yvonne Rainer will present her film *After Many a Summer Dies the Swan: Hybrid_2002*.

Share Your Audience Review. Your Words Are Valuable to Dance.

Are you going to see this show, or have you seen it? Share "your" review here on The Dance Enthusiast. *Your words are valuable.* They help artists, educate audiences, and support the dance field in general. There is no need to be a professional critic. Just click through to our **Audience Review** Section and you will have the option to write free-form, or answer our helpful Enthusiast Review Questionnaire, or if you feel creative, even write a haiku review. So join the conversation.

Share Your Audience Review.

Share:



Get Enthusiastic!

Subscribe below to receive our email updates:

